



**Stiftung gegen Gewalt an  
Frauen und Kindern**

**Vista**

Fachstelle Opferhilfe bei sexueller  
und häuslicher Gewalt

**Vista**

Office supporting victims of sexual and domestic violence



**Information  
Advice  
Support**

englisch



## **Are you a victim?**

Are you a victim of violence such as

- » domestic violence
- » threats
- » stalking
- » sexual exploitation in childhood
- » suspected sexual abuse
- » rape
- » sexual exploitation in a relationship
- » sexual harassment, sexual coercion, sexual assault
- » sexual harassment in the workplace

## **We advise and support**

- » Women, children and adolescents who have experienced sexual/domestic violence, regardless of when it happened
  - » People with close ties such as partners, relatives, friends and others
  - » Experts from other institutions who deal with sexual and domestic violence
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## What we offer

We provide advice on your personal situation and talk with you to establish the support you need and the steps you can take.

### We

- » give you psychological advice.
- » inform you about your rights and opportunities in accordance with the Victim Support Act.
- » advise you in the event of suspected offences.
- » provide help on social, legal and financial matters.
- » provide immediate financial support if needed.
- » inform you about the criminal proceedings and the pros and cons of pressing charges.
- » support you during legal proceedings and during questioning and hearings if requested.
- » refer you to other experts such as female solicitors, therapists and doctors.
- » assist you when dealing with the authorities or other bodies.
- » ensure the protection and security of children.
- » help you to find emergency accommodation.
- » inform you about groups and self-defence courses.

You can use our services regardless of whether charges have been brought or how long ago the offence occurred.

Please note: The forfeiture period for compensation and reparation is five years. No compensation and reparation are granted for offences outside Switzerland. Special regulation for children under 16 and under-age dependants up to the age of 25.

Vista is a victim advisory centre recognised by the Canton of Bern under the Victim Support Act.

The Vista counselling centre is part of the Foundation Against Violence Towards Women and Children.

You must register by telephone before having a personal consultation. We can also advise you online, by telephone and anonymously.

Our employees are bound by professional confidentiality.

Consultation is free of charge.

## Vista

**Office supporting victims of sexual and domestic violence**

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## Our location

